Receptive (aural) vocabulary development in children with permanent bilateral sensorineural hearing impairment

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Abstract
Objective: The receptive (aural) vocabulary development of children with binaural-aided residual hearing was investigated in a prospective longitudinal analysis (repeated measures).

Patient and methods: Thirty-three children with sensorineural hearing loss, without major co-morbidities (mean age at the first testing point, 56.2 months, standard deviation 19.0 months) were recruited from the 1994 German Goettinger Hearing Language Register. Their receptive vocabulary was measured using standardised tests (with reference to normal hearing child performance) on three separate test points (mean follow up, 18.7 months, standard deviation 5.0 months).

Results: On average, the study group scored below the normal range at the first and second tests and made a significant improvement at the last test. The degree of hearing loss was found to be significantly correlated to vocabulary performance at all time points, with increasing correlation coefficients. At the third test, significant predictive variables for successful receptive vocabulary outcome were found to be: degree of hearing loss ($t = 5.43; p < 0.0001$); age at diagnosis ($t = 2.29; p = 0.03$); and nonverbal intelligence ($t = 2.82; p = 0.009$).

Conclusion: If permanent childhood hearing impairment is mild and/or is detected early, and if the child grows up in a monolingual environment, the development of receptive vocabulary within the normal range is possible.

Key words: Child; Hearing Loss, Sensorineural; Language; Vocabulary; Hearing Aids

Introduction
Language input plays an eminent role in formation of the developing language system in infants. Infants naturally acquire their native vocabulary from speech heard in their home environment, from which they form phonological representations. There is also substantial evidence for the role of phonological memory in vocabulary development for the sound structures of words. Receptive (aural) vocabulary development is a very important facet of oral language acquisition and generally precedes expressive vocabulary. Vocabulary knowledge is important for understanding the world and for language competence.

Lexical comprehension begins at approximately nine months and typically increases with age. The child’s receptive lexicon exceeds its expressive vocabulary by a certain amount at different ages. ‘Words are the building blocks of language’, therefore, vocabulary size and syntactic development are related. The emergence as well as the elaboration of grammar is highly dependent upon vocabulary size. Children who can hear and comprehend a large number of words are much more likely to develop an oral linguistic system. In contrast, children with delayed acquisition of receptive vocabulary are at risk of delayed expressive vocabulary development, which in turn significantly delays the acquisition of spoken language skills and, ultimately, compromises academic achievement.

The development of spoken language is one of the most relevant outcomes of clinical interventions designed to habilitate hearing in young children with hearing loss. Early amplification promotes receptive language development, because it improves the acoustic sensory information required to perceive and understand spoken words. Recent research has demonstrated that children with permanent sensorineural hearing loss, without other disabilities, have problems achieving an age-appropriate vocabulary. Such children are, in general, delayed in their level of vocabulary knowledge, compared with hearing children, and tend to have smaller lexicons. Mayne et al. concluded from their study results that ‘... it appears that the receptive vocabulary development of deaf and hard-of-hearing children...’
from eight to 22 months is considerably delayed compared with reports of children with normal hearing peers. Moeller et al. examined the receptive vocabulary of 150 hearing-impaired or deaf children from the ages of 4.5 to 20 years. On average, these children showed severe delays compared with hearing children of the same age. Moeller et al. found that the difference between receptive vocabulary age and chronological age was greatest in the oldest age groups, with a plateau in development at 12 to 13 years.

Very little information is available on the receptive vocabulary outcome of hearing-impaired preschool and school-age children with mild to profound hearing loss who use personal hearing aids. Most of the literature on language growth outcomes relates to children with severe to profound hearing losses who receive cochlear implants. It is impossible to investigate the oral language development of a large group of congenitally hearing-impaired children in Germany, because of the absence of compulsory universal newborn hearing screening. Therefore, the present study was based on an analysis of longitudinal data from hearing-impaired and hearing-aided children in a defined geographical catchment area of Lower Saxony, Germany (identified from the Goettinger Hearing Language Register). This area contains about 1 million of inhabitants and covers patients living in rural and urban regions within a 100 km radius of the city of Goettingen Hearing Language Register. The data reported here were routinely collected in the Goettingen Hearing Language Register of Goettingen.

The main objectives of this study were (1) to assess receptive vocabulary size in children who had not undergone newborn hearing screening or cochlear implantation, who were hearing-impaired and using hearing aids, (2) to establish an evidence base for receptive vocabulary development over time, especially in order to explore the relationship between receptive vocabulary and degree of hearing loss and age of diagnosis, and (3) to predict the likely receptive vocabulary outcome for the hearing-impaired subjects.

### Materials and methods

#### Participants
All children who met the following criteria were included in the study: permanent, bilateral sensorineural hearing loss >20 dB in the better hearing ear, across four frequencies (0.5, 1, 2 and 4 kHz); no other significant handicapping conditions or major co-morbidities; no intellectual disability; no history of persistent and/or chronic middle-ear infections; current use of personal amplification (i.e. hearing aids); and completed data for the study’s three lexical measurements.

Thirty-three children (14 boys and 19 girls) met the inclusion criteria. Of these children, 10 had ‘mild’ hearing loss (i.e. >20–40 dB HL); 17 had ‘moderate’ hearing loss (i.e. 41–70 dB HL); four had ‘severe’ hearing loss (i.e. 71–90 dB HL); and two had ‘profound respectively residual hearing loss’ (i.e. >90 dB HL). The aetiology of hearing loss was unknown in 25 children (76 per cent) (i.e. there was no apparent medical or genetic history that could explain the hearing loss), believed to be congenital in seven children (21 per cent), and postnatal infection (scarlatina) in one child (3 per cent). The overall average age at diagnosis was 53.0 months (standard deviation (SD) 18.3 months; median 54 months). Table I shows the mean ages at diagnosis for the subgroups of the study group. The children were first fitted with binaural personal amplification (i.e. conventional hearing aids) at a mean age of 53.3 (SD 18.3) months, and regularly used them. Their preferred communication mode was oral–aural, in German in 23 cases. Ten children grew up bilingually–biculturally (three were Turkish; two Russian; two had deaf parents signing German; and one each were French, Albanian and Arabian). Seven of these children were born in Germany, so they had to acquire two lexical systems simultaneously.

### Table I

<table>
<thead>
<tr>
<th>Subgroup</th>
<th>n</th>
<th>Mean</th>
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<th>Median</th>
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<th>Max</th>
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<td>Monolingual German</td>
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<td>18.3</td>
<td>54</td>
<td>22</td>
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<td>60</td>
</tr>
</tbody>
</table>

*p = 0.027. SD = standard deviation; min = minimum; max = maximum
The Goettinger Hearing Language Register children received no therapy for oral language acquisition if their standardised vocabulary score at the first study test was age-appropriate or better.

Six children in the study group remained without any therapy for the whole follow-up time. Therapeutic intervention for the remaining children varied at different ages; they underwent oral speech-language therapy (conducted by a speech-language therapist), and/or enrolment in an early home intervention programme. This programme offered weekly intervention by a specialist hard-of-hearing children’s teacher, who instructed parents about appropriate communication (e.g. arranging appropriate input in a setting that would encourage the child’s verbal response (Table II).

**Audiological assessment**

Each child’s hearing status assessment consisted of: a clinical history, including information on familial hearing loss and on the child’s prenatal, birth and perinatal data; an otoscopic examination; and tympanometry (to rule out a conductive component due to middle ear pathology). Hearing sensitivity was assessed using puretone audiometry with headphones (air and bone conduction thresholds; average for 0.5, 1, 2 and 4 kHz). Auditory brainstem response testing was used below the age of 3.0 years or in children who were difficult to test.

**Measures of nonverbal intelligence**

Nonverbal cognitive ability was assessed at the first test point, using the Columbia Mental Maturity Scale,23 with age norms for German children from the age of 3.0 years.24 For children aged 4.9 years and over, the German version of Raven’s Coloured Progressive Matrices was used.25

**Vocabulary assessment**

Children’s receptive spoken German vocabulary (i.e. number of words understood at a given age) was measured at each of the three test points, using one of the following standardised, valid and reliable picture vocabulary tests (requiring selection of one picture from four choices), individually administered according to the test instruction manuals. The receptive vocabulary subtest of the Language Development Test For Two Years Old was used for children aged 24 to 35 months.26 The German translation of the Peabody Picture Vocabulary Test was used for children aged 36 to 47 or 97 to 120 months.27 Finally, the picture vocabulary subtest of the French Pictorial Test of Intelligence was used for children aged 48 to 96 months.28

The tests are given by presenting the words in spoken German. The items of all tests were arranged in order of increasing difficulty. The overall test score was expressed in terms of standard scores, based on a representative sample of hearing children of a similar age (T-score: mean = 50; SD = 10). The T-score was used to interpret a child’s performance for the purposes of data analysis. Higher scores indicated a larger vocabulary size.

The average interval between a child’s diagnosis of hearing impairment and their first study test was 3.2 (SD 4.0) months. The mean interval between the first and last test was 18.7 (SD 5.1) months. On average, subjects were aged 56.2 (SD 19.0) months at the first test, 65.9 (SD 20.5 months) at the second test and 74.9 (SD 20.2) months at the third test.

**Results**

At the first test, the entire study group scored below the normative population (on average) on the standardised receptive vocabulary tests (T-score 38.1; SD 15.0). The average increase seen at the second test was poor, but rose over time, indicating a rate of improvement to the lower age-appropriate range of hearing children (Table III). The mean lexical test outcome score at the third test was 42.4 (SD 15.7), which was significantly different from the first test score (p = 0.02). Children growing up bilingually demonstrated statistically significantly lower receptive vocabulary scores, on average, compared with children growing up monolingually (at test one, p = 0.025; at test two, p = 0.038; at test three, p = 0.028). It was not possible to monitor the effects of the second oral language.

Generally, children not receiving any therapy (i.e. those whose receptive vocabulary size at test one was age-appropriate or better) had a significantly larger mean receptive vocabulary at test three (49.1; SD
15.0), compared with those receiving oral speech-language therapy for varying periods of time (39.5; SD 15.1). There was no association between the duration of speech-language therapy and children’s vocabulary scores. Treatment duration tended to increase slightly with increases in hearing loss severity (0.25; not significant; see Table IV).

Analyses were also performed for subgroups classified by degree of hearing loss and age at diagnosis, subdivided into monolingual and bilingual children (see Table III).

### Degree of hearing loss

**Children with mild hearing loss**

Children with mild hearing loss exhibited a mean vocabulary T-score in the lower average range at test one (48.8), which increased significantly over time (to 57.7). At test one, the majority of these children performed in the normal range, but only two of 10 children had a relatively early diagnosis age (one child at 24 months, another at 28 months).

Children with moderate hearing loss showed a poor mean lexical size (36.2; more than one SD below normal for the tests) at test one. However, this significantly improved, and nearly reached the lower normal population range, at test three (39.6).

Severely hearing-impaired children showed a considerably delayed mean receptive vocabulary performance at test one (24.8; 2.5 SD below normal for the tests). These children’s mean results progressed very slowly (as a result of changes in one child’s lexical size), and remained far below the normal range at test three (26.8).

Profoundly hearing-impaired children had a very definite handicap in their receptive vocabulary, independent of the age at which their hearing loss was diagnosed. Their mean result decreased, from 28.0 at test one to 21.5 at test three.

### Age at diagnosis

When children diagnosed with hearing loss at less than 53 months were compared with their later-diagnosed peers (i.e. >53 months), it was found that both groups generally achieved higher T-scores at test three. (An age of 53 months was used to enable a split-half comparison of the total group, because of the wide range of ages at diagnosis.) The mean T-score improvement rate was neither as great nor as significant for late-diagnosed subjects, compared with earlier-diagnosed subjects; at test one, the later-diagnosed children demonstrated a mean receptive vocabulary size in the lower normal range.

### Correlations between measures

Correlations between measures are presented in Table IV. Generally, the degree of hearing loss was significantly negatively correlated to receptive vocabulary development ($r = -0.51$ at test one; $r = -0.61$ at test two; $r = -0.74$ at test three). In other words, with increasing severity of the disorder, the developmental growth of the receptive lexicon reduced, and this relation became more marked as follow-up time increased. This relationship applied only to children growing up in a monolingual environment. In the 10 bilingual children, no significant correlation was found between degree of hearing loss and receptive vocabulary at tests one and two; however, a strong and significant correlation was found at test three ($r = -0.87$).

Severity of hearing impairment and age at diagnosis were not significantly correlated ($r = -0.06$). Age

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### TABLE III

<table>
<thead>
<tr>
<th>Subgroup</th>
<th>Test point</th>
<th>All</th>
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<td></td>
<td></td>
<td>M (SD)</td>
<td>n</td>
<td>M (SD)</td>
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<td><strong>Degree of hearing loss</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Mild (&gt; 20–40 dB HL)</td>
<td>t1</td>
<td>48.8 (13.7)$\dagger$</td>
<td>10</td>
<td>51.9 (11.6)$\dagger$</td>
</tr>
<tr>
<td></td>
<td>t2</td>
<td>50.8 (10.5)</td>
<td>10</td>
<td>53.8 (7.1)</td>
</tr>
<tr>
<td></td>
<td>t3</td>
<td>57.7 (3.3)$\dagger$</td>
<td>10</td>
<td>57.8 (3.3)$\dagger$</td>
</tr>
<tr>
<td>Moderate (41–70 dB HL)</td>
<td>t1</td>
<td>36.2 (14.3)$\dagger$</td>
<td>17</td>
<td>40.8 (14.5)</td>
</tr>
<tr>
<td></td>
<td>t2</td>
<td>38.1 (11.9)</td>
<td>17</td>
<td>41.9 (12.1)</td>
</tr>
<tr>
<td></td>
<td>t3</td>
<td>39.6 (14.4)$\dagger$</td>
<td>17</td>
<td>43.7 (15.1)</td>
</tr>
<tr>
<td>Severe (71–90 dB HL)</td>
<td>t1</td>
<td>24.8 (3.5)</td>
<td>4</td>
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<tr>
<td></td>
<td>t2</td>
<td>25.8 (5.5)</td>
<td>4</td>
<td>23.0 (–)</td>
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<td><strong>Age at diagnosis</strong></td>
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<tr>
<td>&gt;53 mths</td>
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</table>

*Compared with normative populations (T-score: mean (M) = 50, standard deviation (SD) = 10).†Statistically significant difference between the means: $p < 0.05$. t = test; mths = months.
at diagnosis was significantly statistically associated with vocabulary size at test one \((r = 0.42; p = 0.0148)\) and test two \((r = 0.35; p = 0.0471)\); thereafter, the size of the correlation decreased (at test three, \(r = 0.14\); not significant).

The nonverbal intelligence test results of all studied children improved over time, and were significantly related to their receptive vocabulary size at test three \((r = 0.38; p = 0.0368)\).

**Prediction of receptive vocabulary development**

Several variables seem to affect the vocabulary development of children with impaired hearing. Multiple regression analysis determined the amount of variance in receptive (aural) vocabulary. Of the four independent variables, three significantly contributed to the variance in receptive vocabulary development: degree of hearing loss \((t = 5.43; p \leq 0.0001)\); age at diagnosis of hearing loss \((t = 2.82; p = 0.009)\); and nonverbal intelligence \((t = 2.82; p = 0.009)\). The fourth independent variable, duration of speech-language therapy (in months) and/or early intervention at home by a specialist teacher of hard-of-hearing children, did not significantly affect variance in receptive vocabulary development \((t = 0.94; p = 0.36)\). Altogether, these variables accounted for 59 per cent of the variance observed.

**Discussion**

This study addressed the developmental assessment of receptive (aural) vocabulary outcomes in hearing-impaired children, within an average follow-up period of 18.7 months, using three test points. For the total study group, the average vocabulary increase was minimal between the first and second tests, but then improved between the second and third tests; the group appeared to start off slowly but then speed up. Thus, the difference in results between test one and test three was significant. Blamey et al.\(^{30}\) have also demonstrated that hearing impairment slows the rate of receptive vocabulary development; they found very little difference between children with cochlear implants and those with severe hearing loss who used hearing aids. Pittman et al.\(^{30}\) found that the receptive vocabulary test results of 37 children (aged five to 14 years) with moderate sensorineural hearing loss were consistently poorer than those of 60 normal-hearing children, across the age range tested. This retardation in vocabulary development was linked to rapid word-learning skills, investigated in a word-learning experiment.

The majority of children (11 of 13) growing up monolingual with a hearing loss of \(<50 \text{ dB}\) had normal test results at test one. Nevertheless, moderate hearing loss may still have had a retarding influence on receptive vocabulary development, especially in conjunction with a bilingual environment and lack of speech-language therapy. Davis et al.\(^{31}\) and Gilbertson and Kamhi\(^{32}\) found that even mild hearing loss negatively affected receptive vocabulary development. The present study’s findings are consistent with those of Yoshinaga-Itano and colleagues,\(^{33,34}\) who reported that vocabulary scores worsened with increasing severity of hearing loss. Cochlear implantation may facilitate the acquisition of receptive vocabulary in children with a hearing loss of \(>70 \text{ dB}\), according to studies showing a significant increase in vocabulary over time.\(^{16,20,22}\)

Furthermore, analysis of the present data revealed that earlier diagnosis of hearing loss and provision of hearing aids, supplemented with suitable training (which stimulates speech recognition), may have a beneficial effect on aural receptive lexical development. In the present study, no infant had been diagnosed below the age of one year. The earliest diagnoses were at a chronological age of 22 and 24 months, in a moderate hearing-impaired child (without significant lexical improvement) and a mildly impaired one (with increasing vocabulary), respectively. In the present study, the average age at hearing loss diagnosis was extremely late and very far from adequate, because of the lack of mandatory universal newborn hearing screening in Germany (such screening was only implemented in mid-2006 at the University Hospital Goettingen). The results of the present study may help demonstrate the negative effects such a lack of screening...
Duration of speech-language therapy did not correlate with receptive vocabulary performance at any time point. Unfortunately, the duration of external treatment by different therapists could not be controlled, and information about the quality of treatment was not available. Perhaps therapy is required over a longer period in children with greater hearing losses before changes in vocabulary become apparent. However, comparison data from a longitudinal study had previously not been available in Germany for the receptive word measure used in this study. The present study is the first to address the development of receptive vocabulary of infants and children with hearing loss.

**Conclusion**

In summary, the present findings suggest that development of a receptive vocabulary within the normal (hearing) range is possible if the childhood permanent hearing impairment is mild and/or if it is detected early, if the child grows up monolingual, and if he or she receives oral speech-language intervention (in cases in which current vocabulary is not age-appropriate). Receptive vocabulary outcomes were also influenced by individual differences in underlying cognitive functions. Cognitive skills play an essential role in the vocabulary development of hearing children. Thus, it is possible that some children in the present study had a specific deficit in phonological memory, which is closely associated with receptive vocabulary development. This problem seems to be independent of hearing impairment. Dawson et al. found a significant relationship between nonverbal intelligence and receptive language scores (as did the present study) also in young children 5 to 11 years old, using cochlear implants solely, but in children with normal hearing too. So the performance seems to be similar between aided children (as in the present study), children using cochlear implants, and children with normal hearing.

The present study group was based on a regional clinical dataset which contained prospective information (i.e. archive-based data collection). Therefore, findings can be generalised to only a limited degree, partly because of the small number of subjects within the single hearing loss category. Nevertheless, the present study confirms international study results indicating that age-typical receptive (aural) vocabulary development depends on the degree of hearing loss and the age of diagnosis, but also on children’s cognitive abilities to learn from their linguistic input. Mayne et al. studied deaf and hard-of-hearing infants and toddlers and found no significant associations between receptive vocabulary size and diagnosis of hearing loss. However, an association was found between cognitive task performance and receptive vocabulary.

Much more research is required, because there is a difference between receptive vocabulary tested in an artificial situation and the comprehension of spoken words in a natural setting, especially with the additional noise of a kindergarten or school. In
addition, further research should focus on the separation of the two bilingually hearing-impaired groups (i.e. speech-only environment versus speech plus signing environment). Moreover, phonological memory should be assessed by a spoken digit span task and by non-word repetition. Finally, it is necessary in all German states to conduct prospective investigation of an entire birth cohort, via a systematic infant screening programme (with a high coverage rate), including long-term studies with longer extension. It is time for Germany to move beyond the recommendation stage, regarding universal newborn hearing screening; this may be particularly useful for babies with moderate or severe, permanent childhood hearing impairment.

Nevertheless, the efficacy of universal newborn hearing screening to improve long-term language outcomes remains uncertain, because only preliminary evidence exists for improved language outcomes. For example, universal newborn hearing screening has been positively related to speech and language performance in children with bilateral hearing loss undergoing early intervention programmes, in a US developmental study of children aged zero to six years. However, Kennedy and McCann note that studies from the newborn hearing screening project in question ‘…are open to a number of criticisms and were rated as ‘poor quality’ in the systematic review’ of Thompson et al. The above-mentioned British study by Kennedy et al. has demonstrated that early detection of childhood hearing loss is associated with higher mid-childhood scores for language but not for speech.

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Appendix 1. The Goettinger Hearing Language Register

The Goettinger Hearing Language Register comprised a consecutive series of children aged up to 10 years and diagnosed as having permanent, peripheral hearing loss requiring amplification, from 1 October 1994 to 30 September 2004 (i.e. a total of 286 children with sensorineural hearing loss: 217 bilateral, 69 unilateral). The children came to the out-patient clinic of the Department of Phoniatrics/Pedaudiology at the University of Goettingen, which provided diagnostic and habilitation services, because of parental self-referral or referral by paediatricians, otolaryngologists or general practitioners. All children received a prescription for acoustic hearing aids, based on individual audiometric information. Their data were stored in a database (ethical approval was obtained). The data included severity of hearing loss, socio-demographic variables and results of performance tests (especially for language skills). Children were involved in regular longitudinal, psychological monitoring of their developmental status and were psychologically evaluated by a certified clinical psychologist. A battery of standardised tests was administered in the clinic every six to 10 months after the hearing aid was fitted, in order to monitor developmental progress.

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